

Treasures of the Sanctuary—Lesson 26—“The Sanctuary and your Health”

OPENING DISCUSSION QUESTIONS/TALK:

1. Is there a relationship between our physical health and our Spiritual health? (ex. Have you ever tried to pray when you are very tired? Can a foggy brain understand the Scriptures clearly?)
2. God gave us the Ten Commandments to govern our Spiritual health (morals). Are there also natural Laws of Health that God made? (ex. No sleep—you’ll waste away. No food—you’ll starve) Shouldn’t we obey these?

READING AND STUDY QUESTIONS:

1. What kind of food was not allowed in Israel at all? (Leviticus 10:10; 11:47)
2. What was allowed in the courtyard? (Leviticus 6:24-26)
3. What was allowed in the Holy Place? (Exodus 25:30)
4. What about in the Most Holy Place? (Numbers 17:8; Hebrews 9:4) What kind of food was there?
5. Health is a special gift that God gives to us. How should we treat gifts? (*if you smash up and destroy a gift in front of the person who gave it, how does that make them feel?*)
6. Do cultures sometimes offer us things that we should never accept? (Daniel 1:5,8,12,15-17—*God blessed Daniel for his faithfulness too*)
7. Daniel refused the “wine” that the worldly culture was offering him. Shouldn’t we do the same? (Proverbs 31:4, 5, 6-7). Are we considered kings in the Bible? (Rev. 1:6)
8. Some people say that Jesus drank alcoholic wine. Is that true? (Rev. 17:14; 19:16)—According to the Bible, should a king ever drink alcohol? So, do you think Jesus drank it?? (*the Greek word in the Bible that is translated as “wine” in “oinos”. It can be either fermented or unfermented. Jesus would not have done something that made people an easy prey for the Devil—The Bible says, “Be sober...” 1 Peter 5:8*)
9. Should a Christian ever drink alcohol? (we are to be followers of Jesus’ example—1 Peter 2:21)
10. Does a loving parent ever want their child to smoke cigarettes? Why? (neither does our Heavenly Father! ...don’t destroy the special gift of health that he’s given)

11. What was a major problem in the Old Testament church at one time? (Ezekiel 22:26) (*...even the priests were teaching false things and not speaking God's requirements!!*)
12. What should we do if a church is teaching something different from the Bible? Who should we follow? (Revelation 14:4)
13. How does God distinguish between the clean and the unclean foods for our diet? (Leviticus 11)
 - a. **Land animals (Leviticus 11:1-8)** Pigs meat is filled with Trichina larvae (USDA will not even grade it). —Pigs have no sweat glands and they'll eat anything—they are literally unclean, filthy animals.
 - b. **Water animals (Lev. 11: 9-12)** Snapper, Tuna, bass, etc (are all clean). Shellfish, Octopus, shrimp, etc. (literally not clean) Some Oysters were found to have *50 times* the concentration of polio virus in them than the surrounding water. (God's water cleaning system, not edible)
 - c. **Flying creatures (Lev. 11:13-19)** These birds are scavengers—they eat rotting flesh and any number of things—they are God's garbage disposal system. Chicken though, is clean. It has a gizzard to clean the impurities it eats. God still considers all these things *unclean* in the last days (Rev. 18:2)
 - d. **Would you like to put a vacuum cleaner on the table for dinner?** (I wouldn't think so)
 - e. Also, a Christian should never eat meats filled with blood (i.e. Red beef). (Lev. 17:14; Acts 15:29)—People who eat bloody, red meats often die early deaths from poor health.
14. Some people think that Peter's vision in Acts 10 made the unclean foods clean? Is that true? (Acts 10:13-17, **28**) *"God has shown me that I should not call any _____ impure or _____."* (**v.28**)
15. Some think if we just pray over the unclean foods then it will be okay to eat. Is that idea true? (1 Timothy 4:3-5) *"...Certain foods, which God has _____ to be received with thanksgiving..."* (v.3) *"Everything God created is _____ ..."* (but only the "certain foods" God created for eating. You wouldn't eat another person!!!) *"It is consecrated [blessed for eating] by the _____ of God and prayer."* (we may only eat what is approved by the WORD of God.)
16. What warning does God give for people in the last days just before Jesus returns? (Isaiah 66:15-17) (*If we know better, but we still eat the unclean things, God considers that rebellion—James 4:17*)
17. What was the first sin committed by Adam and Eve? (*Genesis 2:17*)
 - a. You shall not _____ of the fruit of the tree of the knowledge of good and evil.
 - b. If you _____ of the fruit you will surely _____.
 - c. Adam and Eve _____ the fruit (Sinned) and they L ___ t their home in Paradise. (Death)

"Whether therefore you eat, or drink, or whatever you do, do all to the glory of God."- 1 Corinthians 10:31

HEART QUESTION(S):

1. Is it your desire to follow Jesus wherever He goes? _____ Would you like to "give glory to God" by living in obedience to His Health Laws? _____

NOTES: